

WORSHIP SERIES

THREE REALMS OF SINGING

IN THE SPIRIT

One reason why we are teaching this series on “Worship” is because we have started the 24 hours of praise and worship on public holidays. We have set a pattern in introducing the overnight prayer every Friday night in this church and now many churches are following the pattern we have set. Because the 24 hours praise is still being developed and after observing it for sometime I felt in my spirit that we are not flowing in the full pattern the Lord wants us to flow. What we may do in the 24 hours praise is something we may not be able to do during our second worship service on Sunday, which has only two hours of worship. What happens is sometimes we take what we do on Sunday and apply it to the 24 hours of praise and worship. We don’t go as far as we actually can in the 24 hours praise and worship. One purpose of 24 hours of praise and worship is that we enter into worship purely in the spirit realm.

There are many aspects of praying purely in tongues in the Spirit. In this message, we are going to see the various aspects of worship in tongues. We want to just remain there in the Spirit and really enter into that realm. What we cannot do on Sunday in two hours is possible to do in five hours or six hours of worship. So that being the case we are not just trying to carry on what we do on Sunday. It has to be different. For example what we do in the over-night prayer we cannot do in the one hour or two hours prayer meeting. It’s a different thing altogether. And each meeting has to take its own character. Therefore, in the 24

hours praise and worship, it has to take its own character, its own laws and its own principles. What we are doing is just setting a pattern. And in time to come we pray that people will catch up to that pattern and they just flow into that pattern. We will worship in the understanding to a certain extent but we will go into deep worship in the Spirit and really take off.

Let's have some basic teaching as we go further. In I Cor. 14:14 *For if I pray in tongue, my spirit prays, but my understanding is unfruitful. What is the conclusion then? I will pray with the spirit, and I will also pray with the understanding. I will sing with the spirit and I will also sing with the understanding.*

Paul says that we will sing in the spirit as well as sing in the understanding. We will move into a worship realm in the spirit. Many people have experienced praying in tongues for one hour or two hours or three hours but very few people have experienced worship in tongues for one hour or two hours or three hours. That is even a more rare breed. And that's the purpose of the 24 hours of praise and worship. We will not just worship with five minutes of tongues followed by worship in understanding for another half an hour, then followed by another little five minutes in tongues. If we do that, we won't be able to really experience what a 24 hours of praise and worship meeting is designed for.

After looking at the Word, we realize that the 24 hours of praise and worship is designed for us to worship God purely in the Spirit and in tongues for hour upon hours upon hours. Those of you who have come for the over-night prayer you are no stranger to praying for one hour in tongues. The moment the lights go off you go into tongues. After some perseverance, you are trained to pray for long hours and so praying three, four, five hours is peanuts to you. In your first overnight prayer, you probably could not last long. After some time, your tongues go into snoring. But that's alright, we cater for all groups. We just let it flow along and through time, you are able to pray long hours in tongues. Praying four, five, six hours in tongues is just nothing to you. It's just a part of your spiritual life. In the same way worshiping in tongues is something people cannot sustain. Many people worship in the spirit after five minutes then they come back to the understanding. They cannot sustain for long hours in the spirit.

And we need to learn to sustain that for long hours in the spirit.

Building in the Spirit

This is possibly what we are going to do in the next five hours. In the first hour, we will be building up our spirit man. It's just like praying in tongues. When we get into praying in tongues, the first hour is just building up unless you are already built up and prepared at home before coming here. But most of the time, it's just building up. The first hour you are just praying and building yourself up. You are just getting your mind focused and getting your mind geared up to the spirit realm. You are letting go of the natural hindrances and natural thoughts that are still lingering in the mind. So the first hour of praying in tongues is just building up. And possibly, after this teaching is finished the first hour of praying in tongue is just building up. You will realize that there are different types of tongues. You are not necessarily concentrating on anything in particular. You are just building yourself up and charging yourself. Even physically when we wake up in the morning we may need to stretch ourselves a little bit. It takes some time for our body to warm up. In the same way when we want to get into the spirit realm and into the things of the Spirit, we warm ourselves up by praying in tongues in the first hour.

In the first hour when you are praying in tongues, it would be quite hard to focus when you are not geared up yet. But after you have geared yourself up its easy to focus. And you begin to pray in a different way. When you are focusing and praying in tongues, it is different. So, in the same way the first part of singing in the spirit in the first hour may depend on how we flow as we go along. And most of worshiping in tongues that people experience on Sunday worship is just building up. And building up and singing in the spirit is like this --- (singing in tongues) see there is a rhythm about that. You are just building yourself up getting into the spirit. That's not even getting deep in tongues yet. Can you imagine on Sunday we are only moving on first gear singing in tongues? You ask, "How come we cannot move deeper?" We can't because there is not enough time. We think our worship is long because we are comparing with other churches around. I don't think it's a fair comparison. We should never compare

ourselves with other persons. We should always compare ourselves with Jesus. In the same way, we should never compare ourselves with other churches. We should compare the church with heaven. That's where if you say our worship is long, the angels up there look down and ask, "What do you mean by long?" We have been at this for eternity. Wait till you get the four creatures around the throne where their eternal profession is just to cry, "Holy, holy, holy, is the Lord God Almighty." They have been doing that for thousands and maybe million of years.

We cannot move deeper than the first hour of singing in the spirit. Do you know that even in this one hour of praying in the spirit, most people cannot sustain. And I pray tonight that you could sustain that first hour. It's just speaking and singing in the spirit for an hour to just build ourselves up in the first hour or so. And we have never got further than the first part. How do I know that? In my personal life when I worship God in the spirit, I go deeper than that. So I know that we have just touched the fringe of singing in the spirit even on our Sunday worship. We touch the fringe when we worship for about just one hour and we are still outside of the Outer court. We must start comparing ourselves to heaven's perspective.

So there is what I call the first stage of building in tongues or building of singing in the spirit. We are not going to do it now but we are going to do it afterwards so that you could build from one level to another but I just want all of us to experience what this building in tongue and singing in the spirit is like. Just be comfortable where you are, don't be too tensed up. Just close your eyes for a moment and build up in the spirit by singing in tongues. There is always a tone, a melody, a key that goes with it. We are just going to do it for about five minutes just to get a hang of it so that later we do it for an hour and you know how to sustain it. (Singing in tongues). It is not just building in tongues that we want to experience during this overnight prayer. That's what we only experience on Sundays. Some times, we experience a little bit of warfare tongues too.

Now there are three elements to what you have just experienced. Lets look at Eph. 5 and consider the elements in building in tongues. Verse 18 *And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking*

to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ.

Singing in the Spirit

Spiritual songs - that's the part we want to focus on. Do you notice that when you are singing in psalms and building up that what you do is usually more of a release? You are concentrating on the release. It's just like praying in tongues. When you are building up you are just concentrating on the release and getting yourself into the spirit. And the release of singing in tongues is slightly different. It's more on a sustained note and some of you were doing exactly that. The first element is just a release. Its just about a few syllabi but those words are stretched out.

When you are praying in tongues, you use many words. When you are singing in the spirit, you stretch it out. It's just a release. Singing in the spirit is slightly more difficult than praying in tongues. In praying in tongues, all you have to do is learn to release the praying in tongues. You just begin to speak forth whatever comes to you. In singing in tongues, you have to sustain it. It's more powerful because you have to tune your spirit. So one, two or three words are stretched out. It may take you a longer time to say those words out that you could have prayed out in tongues in the same time slot. What you are doing is like you are taking a word and harmonizing your being with that word. You are just sustaining those words and stretching it. So the first element is the same as speaking in tongue is that you have to have the tongues to release it forth.

Making Melody

The second element that is involved as we have read just now is making melody. There is a melody that comes into your life. You are making melody inside. That is not a scripture for just worship leaders; that is a scripture for all

Christians. It says that we all are to be filled with the Spirit, speaking to one another in psalms, hymns, and spiritual songs, singing and making melody in our hearts to the Lord. There is a melody that flows within us and it is slightly more difficult to bring that melody out. Some times, it helps to take off by using a melody that we know of. You could sing in tongues in a melody that you know but that's only what I call bottle-feeding. That's not to be taken when you are deep in the spirit but it's just in the elementary realm of sustaining the singing in the spirit. For example, we could sing in tongues in the tune of any songs we know. You don't have to get a new tune. You get an old tune that you really know. Like the song, "He is Lord," you can take this same tune and sing in tongues. But that's just elementary.

Now that can be at the beginning stage for the times when we are melody less. Some people are tone deaf and some people are melody less. But then you can claim this scripture that says He is in us and He is making melody. The reason why people doesn't hear the melody inside their spirit is that they have not built themselves up by singing in tongues. If I go into tongues for five minutes or so, straightaway a melody would start coming. Imagine if every song leader enters into that realm, you could have hundreds of new songs. The first element is to release ourselves in the singing in the spirit and to sustain it.

The second element in building ourselves up is to flow in the melody that comes. That melody is the spiritual engine that begins to turn in you. And when you release yourself further, your singing in the spirit will go further. We got to practice the second element a little bit. Lets do exactly what we did in building ourselves in tongues and listen very carefully to the melody that comes. Here is where it's important to have a cleanliness of our heart, cleanliness of mind and cleanliness of our life. If you have listened to too much pop music and too much of the worldly music, guess what will happen? You might end up singing in tongues to the tune of Madonna or Michael Jackson. If you watch too much gun smoke movies and when pressure comes on you, gun smoke comes out from your ears and nostrils. If you listen to too many worldly songs and you try to move into singing in the spirit the worldly melodies come. Remember, part of the new melodies will come from your soulish realm so you would have to renew your soul not only with the Word but with godly and spiritual Christian songs as well.

So, if you listen to too much rock music, guess what? Rock music starts coming out. So, we need to give ourselves to the spirit realm and the second element is to get new melody from the Lord. It doesn't have to be an elaborate one. Let's build up again and be sensitive to the melody that comes. All you need is a little bit of tune. The Hebrew songs are in three-tone melody. If you move deep into it, some of those small melodies can be combined and move into a whole song. So let's close our eyes and build ourselves up and look for the second element which is the melody that comes from inside your spirit. Don't try to force the melody. Just relax yourself and just let it flow and it will come by its own self. Remember as you are stretching forth yourself in the first phase you stretch those words you stretch the tongue. One or two three words could be stretched very long. (Singing in tongues) Some of you may have a different melody than I have. That's the second element in building up. All these things we have experienced on Sunday also and if the musicians can pick up the melody and play it, we will be able to enter the second element of making melody faster. So, that's the second element of just flowing with the melody that comes from our spirit man. The first is just releasing the word and stretching it. The second is just letting the melody to come and you give yourself to the melody. The bible did say making melody in your heart. So part of it is from you and part of it is from the spirit. There is a flow together making melody in your heart in the Lord.

Letting Our Bodies Flow

The third element is very important in building ourselves in the spirit and singing in the spirit. We have to let our whole body move into the rhythm. As we shared, in long hours of praying in tongues, you would be able to enter different realms, which you may not be able to if you pray in tongues for a short time. To last long enough and to sustain yourself in praying in tongues, you have to flow with the rhythm. And to sustain yourself for long hours your body needs to flow with that rhythm. Our physical bodies are not made to stand still. It cannot last long. Even the soldiers have to learn how to sustain themselves when they are on a stand still. When I was in the Red Cross, when we stand at attention in the hot sun waiting for officers to come, we learn to stand on our toes to sustain ourselves. So our bodies are made for movement all the time. So when you pray

in tongues you notice that to sustain the momentum, your whole body wants to go into rhythm. There is something in you that go along. When you are sitting down and worshipping God, probably you may be swaying a little bit. You need to go into this third element to sustain long hours in tongues. What you are doing is to allow your whole being to worship God and just flow with the rhythm.

Sometimes supermarkets play pop music through the pipe system. I was in a supermarket once and when the music came on, this guy in front of me started swaying to the music. He took off. He didn't care where he was. So in the world they are giving themselves spirit, soul and body to the things of the devil. So in the kingdom of God people can give their spirits to a certain extent; they give their souls but they refuse to give their bodies. They say, "No, our body must be still. Even the Word says, "Be still and know that He is God." " So they don't want to let go of their body. They want to control their body even when the Spirit of God has turned on the tape recorder inside. And inside you, everything wants to let go. I am not talking about dancing in the spirit that's another realm. I am just talking about swaying a little bit. Let your body go even if you are not the type that really can give yourself to dance. At least you could yield your body in a dignified way sitting in the chair. Nobody is going to see you sway about one millimeter. We know that sound waves cause vibration in our ear and therefore we hear sounds. All sounds cause a vibration. So when God turns on His melody in our spirit it will resonate through our soul and body if we are willing to let our body go and worship the Lord.

So these three elements are sustained. Lets do a little bit of that. Do not dance in the spirit yet restrain yourself until later. So the third element is letting your body go according to the melody you are hearing in the spirit. (Singing in the spirit) Sometimes your hand wants to worship God - go right ahead with it. Let yourself go a little bit more. Just let your body sway a little bit. We are going to have time to do that after the teaching. We are just touching on certain points and letting you know what its like. That is what I call building up in the spirit.

All these three elements are at the first level. Singing in the spirit is at the first level that's all. Then as we move into other levels, it can branch into any direction. After it passes the first level, it can go into any direction. It can go into

a deep realm that David moved into. It's a shame that he could move into dancing before the Lord that we never move into. And in fact, in all the writings about worship and among all the Christian song composers, we find that nobody has so far surpassed king David. Why? He moved into a certain dimension of worshipping in the spirit.

Warfare Realm

After you have built yourself in the spirit with the three elements of singing in the spirit, making melody and swaying your body to the melody, there are three realms that you could move into.

After we built ourselves in the singing in the spirit, it can take on in a different direction. One direction is what we call warfare. Lets turn to II Chron. 20 this is king Jehoshaphat and we are going to read it with all the Hebrew words put in to see the various element of praise and worship. There are seven Hebrew words for praise. The most glorious one that we are focusing on is *tehillah*, which ties up and points to the New Testament worship in the spirit. After they had gathered together and the prophecy has been spoken in verse 14 *Then the Spirit of the Lord came upon Jahaziel the son of Zechariah, the son of Benaiah, the son of Jeiel, the son of Mattaniah, a Levite of the sons of Asaph, in the midst of the assembly. And he said, "Listen all you of Judah and you inhabitants of Jerusalem, and you, King Jehoshaphat! Thus says the Lord to you. "Do not be afraid nor dismayed because of this great multitude for the battle is not yours but God's.*

Then in verse 18 after the prophecy. *And Jehoshaphat bowed (barak) his head with his face to the ground and all Judah and the inhabitants of Jerusalem bowed (barak) before the Lord, worshipping (shachah) the Lord.*

The word *worshipping* in the above verse is the word *shachah*. But bowing down points to the Hebrew word *barak*, which is one of the seven words for praise in Hebrew where they bowed down before God. Sometimes when we

worship God, we move into a physical dimension *barak*, which is to bow our face before the Lord. Even the Greek word for worship actually means to bow down before God. The Greek word for worship speaks about being prostrate before God.

Verse 19 *Then the Levites of the children of the Kohathites and of the children of the Korahites stood up to praise (halal) the Lord God of Israel with voices loud and high. The word praise is the word halal, which is one of the praise words in the Hebrew.*

Verse 20 *So they rose early in the morning and went out into the Wilderness of Tekoa and as they went out, Jehoshaphat stood and said, "Hear me, O Judah and you inhabitants of Jerusalem, Believe in the Lord your God, and you shall be established, believe His prophets and you shall prosper." And when he had consulted with the people, he appointed those who should sing to the Lord and who should praise (halal) the beauty of holiness, as they went out before the army and were saying, Praise (yadah) the Lord for His mercy endures forever." See there are different Hebrew words being used.*

Verse 18 is *shachah* the Lord.

Verse 19 is *halal* the Lord. Verse 21 is also *halal* the Lord.

The word Praise the Lord for his mercy endures forever is the word *yadah* the Lord. The word *yadah* is the Hebrew word which means to praise God with extended hand. *Yadah* is to stretch our hands out to God. So some times, when we worship God there will be a leading to bow down sometimes to stretch forth our hands to Him. But all these things are still not done before the enemy yet. It's still within their own camp.

Watch what they did before the enemy. Verse 22 *Now when they began to sing and to praise*. In this verse, the word *praise* is a different Hebrew word. If you don't read Hebrew you would think the whole time, it is just praise, praise, no. It's the playing on the Hebrew word. It started with *halal*; then it goes on to *yadah* and finally in verse 22, they began to sing (*ranan*) and praise (*tehillah*) the Lord. Now *tehillah* is the highest form of worship possible in the Old Testament. *Tehillah* points to worshipping God in the realm of tongues. And it is that realm of worship that they use against the enemy. *Tehillah* is combined with a Hebrew word here in verse 22. They began to *ranan* and *tehillah* the Lord. The word *sing* is the Hebrew word *ranan*, which means to cry out or to sing out loud with a loud voice. But by now, Jehoshaphat's army combined *ranan* with *tehillah*. *Ranan* means singing at the top of your voice.

Do you notice that when you have built yourself up in the spirit God may lead you to *tehillah* warfare? It is more than just singing in tongue. See its *tehillah* plus *ranan*. If you are not used to loud noisy worship, it is time to get used to it. Because heaven is not as quiet as you think. And God may choose to give you a mansion next to one of the loudest worshippers. Heaven is so noisy that when heaven is quiet the book of Revelation emphasizes there was silence in heaven. In a sense, you cannot call it noise because it is very harmonized. So some times, there is a leading as we move into deep singing in the spirit suddenly it becomes loud. That's where the musicians have to be very accurate and flow with the Spirit. Sometimes when it is *barak* and *yadah* and *halal* just play moderately. We can't sing the song "Be still and know I am God" and the musicians play loudly. We have to be sensitive to the Spirit of God that certain times we got to be very soft. Sometimes singing in tongues can be without music.

But there are other times where we need to be loud and noisy. Some people are comfortable only with soft music because their personality is very soft. But God wants them to go the other side too. On the other side, some people are just used to loud noise. Some people just love noise. Wherever there is noise they say God is there. So, they think that there is no anointing if the drums are not playing and the cymbals are not clashing. On the other hand, there are those who are used to soft worship and when the drums come up, they say the anointing has left. This is not true. There is a realm where there is *ranan* mixed with *tehillah*. This is very loud and the person next to you is literally almost screaming at the top of his or

her voice.

But they were doing battle in Jehoshaphat's time. When those two types of praises, *ranan* and *tehillah* came up, the Lord started turning the enemy away. It is very loud singing in tongues. We need some noisy worship and noisy tongues. It is good for this *ranan* to climax with *tehillah*. And sometimes after building in the spirit, God can lead us into that. There were times we have moved into that in our Sunday worship but it is not sustained for long. After we have built up in the spirit, it is possible to go into some sort of loud worship. That is under the leading of the Spirit where we really go loud. But there must be a flow. Noisy worship does not mean there is no harmony.

(Singing in the spirit – building up) What we did just now in the first part was just building up again but then we moved into a little bit of melody and that's when it gives us a chance to get very loud and get into the things of the spirit. Notice loud is different from soft without music. And each has its place and dimension. So after we built ourselves up in the spirit, it is possible to just take off in warfare.

Now here in the spirit realm it is not the matter of flowing from one to the other progressively. It can move into either three realms. It can move into warfare and it can sustain for sometime. And under warfare you go for it whether you shout, you clap your hands, stomp your feet, make noise, you can be in *ranan* and *tehillah*. Do you notice that at certain point you feel like clapping onto the Lord? The bible did say clap your hands to the Lord. That's the time to do it. That's the *ranan* and *tehillah* part where you really give it to Lord and you really give it to the enemy. And make a joyful noise; make as much noise as you can. It is just like you are charging at the enemy. The army of God is charging on the enemy. Like the army of Jehoshaphat didn't go into battle singing "Be still and know that I am God". No, they made a lot of loud noise and just charge. No army of God can charge probably if the trumpet behind them is playing softly.

So in warfare time *ranan* and *tehillah* come forth. You are still in the spirit

but you just go forth. And you could sustain it. It can last quite long. Its just like you are pounding on the enemy. And that's when God turns the ambush on your enemy. And if you could move into that dimension of singing in the spirit for long hours, He is going to bless you just as much as praying in tongues. If you could move into that realm God will nullify the enemy's weapon against you and turn it around against him. God Himself will ambush your enemies. The trap that your enemy lays for you, he himself will fall into it. And all the problems in your life will be turned the other way. It is powerful even for your own life if you could move into that dimension.

Prophetic Realm

The second realm you could enter into after building in the spirit is the prophetic realm. It's a different realm altogether from the first realm of warfare. Warfare makes a lot of noise. In warfare, you are not interested in hearing anything - you are just interested to let everything go within you. But the prophetic realm is different. Its possible that when we sing long hours in the spirit we will move into the prophetic realm.

Let's look at I Chron. 25:1 *Moreover David and the captains of the army separated for the service some of the sons of Asaph, of Heman and of Jeduthun, who should prophesy with harps, stringed instruments and cymbals. And the number of the skilled men performing their service was: but at the end of each praise he says who prophesy according to the order of the king. Verse 3 the last phase who prophesied with a harp to give thanks and to praise the Lord. Notice that prophesying with instruments is always emphasized.*

Another scripture on that is in I Sam. 10 as king Saul was anointed Samuel said this will happen to him in verse 5 *After that you shall come to the hill of God where the Philistine garrison is. And it will happen, when you have come there to the city, that you will meet a group of prophets coming down from the high place with a stringed instrument, a tambourine, a flute and a harp before them; and they will be prophesying. Apparently, this group of prophets was always prophesying*

with a harp all the time. They have moved into that realm.

And that's the realm that David moved into all the time as he composed and sang psalms onto the Lord. King David prophesied a lot. In fact, the most quoted book in the New Testament is the book of Psalms followed by the book of Isaiah. And David was more famous as a king than as a prophet. There are many other famous prophets, Elijah, Jeremiah. But king David was also in the prophetic realm. He had a prophet anointing on him though he was a king. Why did he move into that dimension? It was because he moved into praise and worship frequently. Deep praise and worship brings you into the prophetic realm of God. So we move into that realm and just prophesy in God. That is where we have to be sensitive. That's the realm where king David talked about when he says sing onto the Lord with a new song. He is talking about singing a new song. We talk about making new melody. These new melodies are in the spirit

As we move into that dimension of singing in the Spirit, at a certain point God allows you to move back to the understanding but not to the lower realm but at the higher realm. It's just like a spaceship. As it takes off it goes into outer space. Then the astronauts are allowed to come out again. And as they come out to do whatever repair work necessary, they move out into a different realm. Then coming out of the space ship on the planet earth and coming out in the outer space is different. Outside is zero gravity. So in the same realm, we are not talking about singing in your understanding at the lower realm where we are just building ourselves. And you move into a realm where your hymns, spiritual songs and melodies that you are singing begin to take on the prophetic element. You begin to sing prophecies to God. You are going to prophesy. It's a powerful realm.

Now we have never moved into that realm at all on Sunday worship. That's the realm possible that through teaching and through training and setting a pattern we could move into it. The Old Testament people like these prophets move into that all the time. It's not something that just happens once in a while. It's just like some of those who don't move in the anointing of God. Like in the ministry, some ministers move in the faith realm but they don't move in the anointing realm. Some move in the anointing realm but they don't move in the

faith realm. Both realms are so different. It 's good to move in both. So one day one minister in faith was fellowshiping and going together with one who moves in the anointing. The strange thing was the other one only moves in the anointing but doesn't know anything about faith. One moves in faith but doesn't know anything about anointing. And they went to a certain place in America. When this guy moves into the anointing, he said, "That's the move of God." And the second guy asks whether that happens all the time. The first guy who moves in the anointing said, "Yes it happens all the time." That's normal with him. See sometimes we just classify something to be abnormal because we are not used to that realm. But he moves into that realm all the time then he knows it is easily tapped on.

New songs are not supposed to be that hard to come out with. But how many times do we come out with a new song in worship service. How many times do we ever have a chance to come out with a prophetic song?

At one service, I remember we were teaching on the ministry of prophesying and at the closing, we encouraged the people to move into singing new songs to the Lord. We moved into a little bit of that. That's something you could move into all the time as we mature in the Lord and grow in the Lord. You need to build yourself up in the spirit again and reach a realm where you could just tap into the anointing of God in the prophetic realm.

It is like king David. This is what king David said of himself in the book of II Sam. 23:1*Thus says David the son of Jesse; Thus says the man raised up on high. The anointed of the God of Jacob and the sweet psalms of Israel. The Spirit of the Lord spoke by me. And His word was on my tongue.* The power and the anointing came upon his life so that what he says became rhema and his words were recorded as scripture. His psalms became the most quoted book in the New Testament. The anointing that came upon his life brought forth so many prophecies about Jesus in the Psalms. Its tremendous in what he moved into. He may not even be aware of what he spoke. He may not even understand everything he spoke. But it just came forth into that realm.

So just close your eyes and concentrate on Him. (Singing in tongues). It's just a song but it has a little element of prophetic element inside. The prophetic part says that God's people will be the Word made flesh. The prophetic part is that what the world hears of the Word of God in these last days will be the voice of God sent through people. If we could move more in the spirit we could move into some different types of prophecy that our mind doesn't understand but it will just come forth out of you. In the later stage, we are going to worship God and build ourselves up in the first hour. Then we are going to move into whatever else. If God moves into prophetic realm first, we move into prophetic realm. If God move into warfare, we move into warfare. If God just moves into other dimensions, we move into other dimensions.

You notice that when we sing in the spirit that the melody that you have may be quite a regular one. And this is the interesting thing. As you grow in God your melody changes. Every time you have a new experience in God, you notice your melody could be changed too. What is coming from you in your melody reveals your own level. And if you have tremendous experience with God one of the first signs of change will be your melody. And as you grow in God in one year or two years, your melody also grows. That is your thermometer of your level with God.

Worship Realm

Now the third realm that we could move into as the Spirit moves us is the worship realm and getting drunk in the Spirit in the process. The first realm is the warfare realm. The second is the prophetic realm. The worship realm means that our physical body began to flow along with our spirit and our soul and our tongue as we worship God. The worship realm is a tremendous realm. See its possible to get drunk in the spirit in the 24 hours praise and worship that you cannot do it on a Sunday worship. We need a different place and different time. We do some things in the over-night prayer that we don't do on the regular hour of prayer or two.

First, it possibly may start with your posture and your hand where you sometimes kneel down, sometimes you stand up and sometimes you lift your hand. As you go deep into worship, your hands want to move. Once brother came to me and said, "When the worship was strong and you put your hand up, something moved my hand." What was that? It was the river of God. But there is a realm there where your hands want to worship. Like when you sing certain songs in your understanding like "I will bless you, I will bless you. I will bless the Living God," you feel your hand wanted to move in a particular way. You sense your hands want to worship God. And as you move deeper into God, God may begin to move your legs. That's when the dancing starts. It tremendous when you get into deep worship and God gives you a song and your hands want to flow along and worship God. In your normal conversation with people, do you talk without expression? We talk with expression. When you tell someone you love them, you don't just put your hands in your pocket, stand still and say, "I love you." Wait till somebody step on your toes and you don't quietly say please take your feet away. No, your emotions come out.

As you move into conversation do you notice your hands also move. When I am teaching my hands are not tied up. When you say, "Yesterday I caught a big fish," your hands go along with your word. You do that in the natural world how come you can't do that to God? How traditions have brainwashed us until with God we cannot express ourselves but with people we can. God wants us to have a normal relationship with Him. When I sing a song about blessing God my hands automatically move up. I am from a Baptist background so the first time I lifted up my hands I thought the whole world was watching me. That was how we feel. I felt horrible. I remember the first time I lifted up my hands I felt embarrassed. But now I lift it up like nobody's business.

How do we bless somebody? As Jesus was ascending up on high, He lifted up His hands and blessed His disciples. So the first area to work at is your hands. Then after some time, it gets down to your toes. It feels very funny when we sing a song, "We bow down to You," and our knees are not bowed. Many times we say something like, "I appreciate you, I love you," but our hands are expressing something else, like holding the seat in front of us, or holding our hands behind our backs, or even folding our hands across our chest. So, when we are speaking to the Lord we would sing, "Lord I bow to you and I worship You. I lift my

hands and my heart to You," there is an expression in that.

So when we go deeper into that realm, your body begin to sway with your expression to God. You let go some more. And you can really go drunk in the Spirit that way. If you have never experienced what it is to get drunk in the Spirit tonight is the night. You don't have to be drunk by dancing yet. We don't want to push anybody. There is no compulsion. This is why we taught all our worship leaders not to compel anybody but just give them the freedom to worship at their own pace and level. Those who want to dance let them dance. Those who want to sit let them sit. Everyone just flow at your own pace to worship God. But there is a time and a place for that. You see sometimes when you are doing warfare and prophesying you just have to adapt to it. For example, it 's possible to combine the three realms together – warfare, prophetic and worship but it is very rare.

Like if you are moving into the prophetic realm you want to concentrate more on receiving the prophecy and giving the prophecy than on the movements. Prophecy can be given on the movement but I am not talking about that realm. I am talking about worship and movement and at the same time prophesy. We could hardly hear you because of your movements and in fact, we are so distracted that we cannot hear you. Do you realize that sometimes when a prophecy is being given and everybody is dancing about and singing, if the prophecy is coming out, how can we hear it? So there is a time and a place.

If it's a prophetic realm, you just move into that realm. But that is a worship realm where God wants us to get drunk in the Spirit. You don't have to get drunk by dancing. You can sit or stand where you are and just sway to God's melody and movement and yield yourself more. If you have hours of singing in tongue, if you build your spirit for three hours, I tell you after that, you will get very drunk. Just get into that realm of the spirit.

So there is building in the spirit and there is moving into those three realms. It could be warfare, or prophetic or worship. In worship sometimes you want to put your face right to the floor and just worship and bow down before

Him. There are different expressions for that and we got to flow along with different aspect. Sometimes it is *yadah*, sometimes it's *barak* and sometimes its just singing and dancing onto the Lord and expressing ourselves to the Lord. We just have to flow into the fullness of that. And during the worship part, we can sometimes move into new song in the Lord. A new song will come and we just flow along with it.

So tonight we are going to let you just relax on your chairs right where you are. For the first hour, we are just going to build in the spirit. We won't have any musical instruments yet. Just sit and be ready. Then after about an hour or so, I will give a signal as I sense in the spirit and then we will slowly have the music come on and go into the other realm. Get used to singing in the spirit first for at least an hour. Let us just stretch our spirit man and build ourselves up by singing in the spirit. (Singing in the spirit).